



Careers Resources

Websites for Dorset

[Flying Start – Southern Universities Network \(sunoutreach.org\)](http://sunoutreach.org) – website of careers/options resources for students and parents/carers in BCP and Dorset.

General Careers Websites (explore industries and job profiles)

[Start Profile](#) – this is a great website to work through to complete various careers related activities

[Career Pilot](#) – a wealth of careers information for 11-19-year olds with a focus on South West information. Explore Job profiles under 'Jobs' tabs.

[BBC Bitesize](#) – lots of information on careers, interviews and CVs

[National Careers Service](#) – lots of information including job profiles, CV writing etc

[Prospects Website](#) – aimed at university students/graduates and those intending to study a degree

Career Film Clips

[Icould Career Videos](#) have a great selection of clips of people talking about their careers, you can search by subject/industry or career.

[Careers Box](#) – a website with lots of films about different industries

[NHS Careers](#) – loads of information and films about careers within the NHS

[First Careers, careers advice school children | First Careers](#) – various videos about jobs

University

[UCAS](#) is the admissions service for applying to university. You can search for degrees and find out how to write your personal statement and apply to university.

[Prospects What Can I Do With My Degree](#) – this is a great website to explore where degrees can lead

[Discover Uni](#) – search and compare undergraduate courses in the UK

[The Complete University Guide](#) – a wealth of information on applying to university and also includes league tables

Career/Personality Quizzes

[Icould Buzz Quiz](#) is a fun personality quiz to give you career ideas which may suit you

[SACU](#) – a quiz to create your own personalised careers cloud

[Career Pilot Job Quiz](#) – a quiz to explore careers

CV Writing

[The National Careers Service](#) – provides some useful information on how to write a CV

[Prospects](#) – is aimed at graduates and has some helpful templates for different types of CVs as well as covering letters

Apprenticeships

[Apprenticeships](#) – is the government website providing information on apprenticeships and how to search

[Find an apprenticeship \(findapprenticeship.service.gov.uk\)](#) – search engine to search for an apprenticeship vacancy locally and nationwide.

Higher and Degree Apprenticeships

[UCAS Degree Apprenticeships](#) – provides lots of information and enables you to search for degree apprenticeships

[Higher and Degree Vacancy Listing for 2021/2022 Recruitment \(publishing.service.gov.uk\)](#) – government vacancy listing for 2021/2022

Free Distance Learning Courses

There are several free online courses that you could spend your time working through. You could learn a new skill, expand your knowledge or use it for something extra to write about on your university application!

[Future Learn](#) offer free online courses in a whole range of subjects

[Open University Free Courses](#) offer 1000 free courses across 8 subjects

[Alison | Free Online Courses & Online Learning](#) – free courses in all sorts of subjects

Virtual Work Experience

Speakers For Schools- you will need to ask your school to set this up with Speakers For Schools. <https://www.speakersforschools.org/>

Springpod – work experience platform <https://www.springpod.co.uk/>

UpTree (the professional Network connecting young people with employers)
<https://uptree.co/>

Forage Work Experience – they link students to Fortune 500 employers

[Free Virtual Work Experience Programs from Top Companies - Forage \(theforage.com\)](https://theforage.com)

Future Learn may also have virtual work experience such as this Veterinary one:
[Introduction to Studying Veterinary Medicine - Course - FutureLearn](#)

Employability Skills Support

Barclays Life Skills

[LifeSkills | Developing work and life skills \(barclayslifeskills.com\)](https://barclayslifeskills.com)

Gap Year Advice

Lots of information on taking a Gap Year here [Gap Year Ideas - What To Do In Your Gap Year | UCAS](#)

Self Employment

[The Samee Project](#) – a Dorset Charity that provides free support and mentoring to help people set up a business /move into self-employment

[The Prince's Trust | Start Something \(princes-trust.org.uk\)](https://princes-trust.org.uk) – a charity that supports young people to start a business

Further Sources of Support

Number 18 in Poole (Poole Youth Advice Centre)

<https://www.upinbcp.co.uk/youth-access-points/poole/>

Bournemouth Youth Advice Centres

<https://www.bournemouth.gov.uk/ChildrenEducation/YouthService/YouthService.aspx>

The National Careers Service – web chat and telephone support

[Post 16 options | Careers advice | National Careers Service](#)

Ansbury Guidance www.ansbury.co.uk