



**Autism
Central**
For parents and carers

Bournemouth Coffee Mornings

A casual coffee morning for parents and carers of autistic children (any age / no diagnosis required).

People come to our coffee mornings for all kinds of reasons:

- * To ask for advice and support.
- * To meet other parents and carers
- * To feel seen and heard.

No need to book just drop in on the day.

Venue- The Conto Lounge, 418 Wimborne Road, Bournemouth, BH9 2HB

- Wednesday 12th February 10-11.30am
- Wednesday 19th March 10- 11.30am

www.autismcentral.org.uk/southwest



'It was so great to meet other parents who understand'



Autism Central
is funded by:



Autism Central is delivered in
South West England by:



Bristol Autism Support

www.bristolautismsupport.org/meet-ups/



**Autism
Central**

For parents and carers

Poole Coffee Mornings

A casual coffee morning for parents and carers of autistic children (any age / no diagnosis required).

People come to our coffee mornings for all kinds of reasons:

- To ask for advice and support.
- To meet other parents and carers
- To feel seen and heard.

No need to book just drop in on the day.

Venue- Alexandra Park Cafe, Alexandra Park, Alexandra Road, BH14 9EL

- Wednesday 29th January 11-12.30pm
- Wednesday 26th February 11-12.30pm
- Wednesday 26th March 11-12.30pm

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