

Small changes, big differences.



Group Teen Triple P Takes the guesswork out of parenting teenagers!

New, free, positive parenting course starts soon....

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- Open to Dads, Mums, Stepparents, Parents/Carers **DATE 27th Jan – 25th March 2026 (except half term)**
 - Free, Friendly and face to face **TIME 10am-midday**
 - Focused on parenting in the teenage years **VENUE Old Town Family Hub, Green Rd, Poole, BH15 1QB**
PRESENTER Tracy Brazier
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BOOKINGS AND INFORMATION

This is a free programme for parents and carers of teenagers. The teenage years are not easy for young people and parents/carers. This course understands this. To join this friendly and non-judgemental group please contact EHAccessPoint@bcpcouncil.gov.uk and ask to a place.

www.triplep-parenting.net