

# MUDDY DOG DASH

Upton Country Park

Saturday 28th March 2026

From 12pm

2.5km & 5km  
Obstacle Fun Run

NEW  
OBSTACLES  
FOR 2026

For the first  
time ever  
at this location  
**THE MUDDY  
DOG SHOW**



Lewis-Manning  
Hospice Care  
Charity Registration No. 1120193

[lewis-manning.org.uk](http://lewis-manning.org.uk)

Kindly sponsored by



**BARRATT**  
HOMES

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