



THE WORLD'S FASTEST GROWING SPORT IS OFFICIALLY ON YOUR DOORSTEP!

AVAILABLE DAYS & TIMES

Tuesdays | 4–5 pm

PADEL SQUAD (BEGINNERS)

New to padel? Learn the fundamentals in a fun, supportive environment.

Saturdays | 9-10am

PADEL ACADEMY (IMPROVERS)

Played other racket sports before? Got an eye for a ball? This class will be for you!

⚠ Up to 12 spaces available per class — book fast!

WHO CAN JOIN?

Juniors aged **10 and above**. Whether you have never played a racket sport before or want to fine tune your game, There's a group for you!

REGISTER YOUR INTEREST NOW AND WHERE TO FIND US

☎ 07533 319253

✉ rdsportscoaching@gmail.com

📍 Salterns Rd, Poole BH14 8BL

FREE TASTERS AVAILABLE (FIRST COME, FIRST SERVE)

TUESDAY 3rd MARCH 2026 – PADEL SQUAD (BEGINNERS)

SATURDAY 7th MARCH 2026 – PADEL ACADEMY (IMPROVERS)