

MUDDY DOG DASH

Upton Country Park

Saturday 28th March 2026

From 12pm

2.5km & 5km
Obstacle Fun Run

NEW
OBSTACLES
FOR 2026

For the first
time ever
at this location
**THE MUDDY
DOG SHOW**



[MORE DETAILS AND SIGN-UP HERE!](#)



Lewis-Manning
Hospice Care
Charity Registration No. 1120193

lewis-manning.org.uk



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